

Getting Ahead will empower you to:

- ◆ Investigate/examine the impact of poverty on your life
- ◆ Be a valued member of the community contributing to solving community problems
- ◆ Stabilize your living situation and build your resources
- ◆ Support and challenge others as they investigate their lives and build their resources.
- ◆ Work with SVDP, MCUH and other local mentors who will serve as bridging capital and offer problem solving support
- ◆ Develop YOUR future story (your personal plan) and a strategy for living outside of the grasp of “the tyranny of the moment”.

Armed with your personal plan and the mentoring support, you will take the steps you know will change your life.

The Society of St. Vincent de Paul is a church-based volunteer organization.

We provide tangible assistance to people in need on a person-to-person basis in Central Ohio communities.

Assistance may include emergency rent, utilities, food, clothing, household goods and/or referral services.

Mount Carmel Urban Health

Mount Carmel Urban Health addresses the physical, spiritual and behavioral health needs of under-resourced, uninsured and homeless persons in the Columbus, Ohio, area.

Our skilled team, which includes certified Community Health Workers, assists individuals to identify and navigate resources for transportation, housing, food security, safety, education, language or socio-economic needs.

To learn more about SVDP or MCUH services and ministries, visit our websites:

www.vincetianvoice.org
www.mountcarmelhealth/urbanhealth



Come Together to Get Ahead



Start with a Getting Ahead Workshop!

Discover how you can plan your future and take control of your life

Society of St. Vincent de Paul Mount Carmel Urban Health Program

You are invited to be a part of Getting Ahead

As a Getting Ahead participant, you will receive:

- ◆ Free meals during work sessions.
- ◆ Free child care during work sessions.
- ◆ A monetary stipend for attending each session.

As a Getting Ahead participant, you will:

- ◆ Be a part of a 16-week kitchen table investigational workshop, *Getting Ahead in a Just Gettin' By World*.
- ◆ Learn to build more resources for your life. Move beyond thinking about making a change to doing it.
- ◆ Create an individualized plan to reach your goal of a stable, secure life.
- ◆ Work with a team of mentors to make a positive difference in your life.

You will use *Getting Ahead*

A Community Style Workshop to:

- ◆ Find your strengths
- ◆ Share your experience
- ◆ Learn from others
- ◆ Become financially secure

**And have a better
tomorrow!**



Find Out if this Opportunity is for you!

For more information or to receive an application:

Email:

Jody Stahr,

svdpcolgettingahead@gmail.com,

614-946-3564

or complete the form below and send to:

SVDP/MCUH
Getting Ahead
Program
197 E. Gay Street
Columbus, OH 43215

Name

Address

City

State—Zip Code

Phone

Email